

MARCH 2024 NPHS LUNCH MENU

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
				MARCH 1 Grilled Pepper Jack Chicken Sandwich Diced Home Fries Fresh Vegetable and Fresh Fruit Selection Variety of Milk
MARCH 4 Breaded Mozzarella Sticks with Pasta and Marinara Sauce Tossed Garden Salad Fruit Cup Variety of Milk	MARCH 5 Chicken Nuggets with Waffle Tossed Garden Salad 100% Apple Juice Variety of Milk	MARCH 6 Pork Carnitas, Chicken or Plant Based Mexican Crumble Burrito Bowl Cilantro Rice Spanish Beans Corn Salsa Fruit Cup Variety of Milk	MARCH 7 EARLY DISMISSAL NO LUNCH	MARCH 8 Caribbean Jerk Chicken or Jerk Tofu Coconut Rice Mango Salsa Fresh Vegetable and Fresh Fruit Selection 100% Fruit Punch Variety of Milk
MARCH 11 Max Sticks with Pasta and Marinara Sauce Tossed Garden Salad Fruit Cup Variety of Milk	MARCH 12 Manager Special Hot Vegetable Fresh Vegetable and Fresh Fruit Selection Fruit Cup 100% Apple Juice Variety of Milk	MARCH 13 Chicken or Vegetarian Lo Mein Steamed Broccoli Peach Cup Fresh Vegetable and Fresh Fruit Selection Variety of Milk	MARCH 14 BBQ Chicken Waffle Fry Bowl with Biscuit Cowboy Caviar Fruit Cup Variety of Milk	MARCH 15 Cheese Burger on Bun Tater Tots Fruit Cup Variety of Milk
MARCH 18 Pasta with Meat Sauce or Pasta with Plant Based Italian Crumbles in Sauce and Garlic Bread Steamed Broccoli Fruit Cup Variety of Milk	MARCH 19 Oven Roasted Chicken with Macaroni & Cheese and Dinner Roll Sweet & Sour Cucumber Salad 100% Apple Juice Variety of Milk	MARCH 20 Beef or Plant Based Mexican Crumbles Nacho Supreme Spanish Beans Fruit Cup Variety of Milk	MARCH 21 Spicy Chicken Filet on Bun Macaroni Salad Steamed Broccoli 100% Fruit Punch Variety of Milk	MARCH 22 Toasted Ravioli with Marinara Sauce Seasonal Roasted Vegetables Tossed Garden Salad Fruit Cup Variety of Milk

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MARCH 25	MARCH 26	MARCH 27	MARCH 28	MARCH 29
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL

DAILY ALTERNATE ENTREES LINE 1

Hamburger or Cheeseburger
Chicken Patty or Spicy Chicken Patty on Bun

DAILY ALTERNATE ENTREES LINE 2

Pizza Plain
Monday, Wednesday and Friday – Pepperoni Pizza
Tuesday and Thursday – Buffalo Chicken Pizza

LINE 3 & 4

Daily Menu

DAILY ALTERNATE VEGETARIAN ENTREES LINE 5

Peanut Butter and Jelly Sandwich
Fruit Smoothie with Soft Pretzel or Yogurt Parfait
Veggie Burger
Assorted Salads may include Caesar salad, garden salad with egg
Monday – Max Sticks with Marinara Sauce
Tuesday – Buffalo Vegetarian Wrap
Wednesday – Bean Burrito Bowl
Thursday – Bosco Sticks with Marinara Sauce
Friday – Chana Masala with Basmati Rice

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DAILY ALTERNATE GRAB & GO ENTREES LINE 6

Assorted Salads may include Caesar salad with chicken, garden salad with chicken

Assorted Salads may include Caesar salad, garden salad with egg

Cheese Hoagie

Monday – Popcorn Chicken with Dinner Roll

Tuesday – Buffalo Chicken Wrap

Wednesday – Pancakes with Sausage

Thursday – Chicken Nuggets with Dinner Roll

Friday – Chicken Tenders with Dinner Roll

AVAILABLE DAILY:

Fresh vegetables: may include baby carrots, cucumbers, tossed salad

Fresh fruit: may include apples, oranges, bananas

Variety of Variety of Milk: unflavored 1% Variety of Milk, unflavored fat free Variety of Milk, fat free chocolate Variety of Milk

Hot vegetables may include: corn, peas, carrots, green beans, mixed vegetable and steamed broccoli

Fruit cups may include: applesauce, strawberry cup, peach cup, mixed fruit, pears

This institution is an equal opportunity provider. Menu subject to change without notice.

WG = Whole Grain

***All grains offered are whole grain rich**